

## **Health Profile**

in



### Health Conditions (self-reported)



Diabetes (20+)



Asthma (12+)



High blood pressure (12+)



COPD\* (35+)



Cardiovascular disease (20+)



Overweight or obese (18+)

life expectancy at birth



premature mortality per 100,000 population



self-rated health - good, very good or excellent (12+)



self-rated mental health - good, very good or excellent (12+)



participation / activity limitation sometimes or often (12+)

## Healthy Living and Supports



Access to regular doctor (12+)



Influenza immunization within past year (12+)



Household food insecurity - moderate or severe



Wear bike helmets most of time or always (12+)



Physical activity - moderately active or active (12+)



Leisure screen time 15+ hours/wk (12+)



Daily or occasional *smoker* (12+)



# **Community Data Program** CCSD's flagship initiative

Source: Statistics Canada, Canada Community Health Survey, 2014; Canadian Institute for Health Information, Health Indicators: https://your healthsystem.cihi.ca/epub/?language=en. Note: Health Regions (2013 boundaries). \* Chronic Obstructive Pulmonary Disease. The Community Profile series is produced by the Canadian Council on Social Development (ccsd.ca) using data available from its Community Data Program (communitydata.ca).